

Self-Care and Personal Wellness Really Does Lead to Increased Productivity and Greater Returns...



Maureen
BEFORE



Maureen
AFTER

When Maureen began taking better care of herself and slimmed down, so did her healthcare costs. Her shoulder bursitis cleared up and her knees stopped aching. Not to mention how much more energetic and productive she became. Healthcare costs will go down and profits will go up when your members and employees start taking better care of themselves. It's up to you to help them and working with Maureen is the perfect place to start.

Maureen delivers a one-two combo. With a BA in Psychology and certification as a Holistic Health Coach, she has the educational background to deliver expert scientific advice along with the personal experience to prove that what she's teaching actually works. She is an excellent breakout speaker who creates real breakthroughs.

*National Association of Entrepreneur Moms
Entrepreneur Mom of the Year 2011: Innovator Category*

"My group really enjoyed you speaking...the attendees had nothing but wonderful things to say and can't wait to hear you again. It was NOT the usual weight loss speech that we hear everywhere else. Thank you so much for what you do."

– Theresa Glass
Coordinator of the Wentzville, MO Wellness Winner Challenge

"Maureen Wielansky is a world-class speaker. She shares health and wellness information in a funny, inspiring and engaging way that makes employees want to shift their actions to obtain a stronger, fitter mind and body. Her empowering presentation hits to the core and provokes real change. My whole family has benefited from what Maureen teaches and I am so excited about the future state of my health because I am owning the responsibility and opportunity to take better care of myself."

– Lethia Owens
Ranked Among the top 10 Personal Branding Strategists Worldwide

Clients Maureen has worked with...

Think Work Live Powerfully
Chiropractic Wellness Solutions
Spirit Seeker Magazine's Wholistic Life Expo
Taste of Home Cooking
Women Over 50 Thrive
Saint Louis Business Club Coaching Symposium

Schedule Maureen for your next event or give her a call for more information...

Maureen Wielansky

Self-Care and Wellness Expert

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*Maureen's
Resources*

